# General Terms and Conditions and Privacy Statement 'QHHT Amsterdam'.

#### 1. General

'QHHT Amsterdam' offers Quantum Healing Hypnosis Technique (QHHT®) sessions as developed by Dolores Cannon and taught at the QHHT® Academy.

The practice is conducted by Désirée Gjaltema, certified Level 3 QHHT® Practitioner:

'QHHT Amsterdam'
Balatonmeerlaan 61
1060 RD Amsterdam
06-53781941
info@qhhtamsterdam.nl
www.qhhtamsterdam.nl
Chamber of Commerce number: 85444561

VAT number: NL004096690B48

# 2. My responsibility

The well-being of my clients is very important to me and is paramount throughout the session. QHHT® Level 3 contains sufficient techniques to bring you safely into trance and also bring you fully out of trance again so that you then can continue your day fully aware.

All information you share with me during the session is confidential and covered by my professional duty of confidentiality.

In my practice, I conduct QHHT® in exactly the same way that Dolores Cannon developed the technique and which is taught at the QHHT® Academy.

Prior to your session, I make sure that you receive all the information you need to properly prepare for the session.

# 3. Your Responsibility

The best results are achieved by entering the session without any expectations; surrendering completely during the hypnosis; not judging what you are experiencing during the hypnosis; and not analyzing your experiences during hypnosis. At the end of the session, what you've experienced will become clear by itself.

Caffeine, alcohol and drugs can interfere with hypnosis and are not recommended the night before and the morning before your session.

Psychiatric medication can make going under hypnosis difficult.

For an optimal outcome of your session, it is recommended that after the session, you listen to the audio recording of the hypnosis a few times (intermittently).

You may feel (slightly) tired in the hours after the session up to a few days after the session. However, this is usually not the case.

QHHT® does not replace a visit to the (family) doctor in case of physical and/or psychological conditions.

#### 4. Cancellation

Up to 48 hours before the start of your session you can cancel or reschedule your appointment free of charge. In case of late cancellation or no-show, the deposit of 180 EUR will be charged and not refunded.

You can cancel or change your appointment by phone or Whatsapp (up to 48 hours in advance).

If you have cancelled the session in accordance with these conditions, the deposit (of 180 EUR) will be refunded within 7 working days.

### 5. Rates and payment terms

The session lasts on average 5 hours (usually a little bit longer) and costs 490 EUR in total (including VAT), regardless of the length of the session. After scheduling a date for your session you will receive a payment link to make a deposit payment of 180 EUR. After you have transferred the deposit the booking of your session is automatically final. The remaining amount of 310 EUR must be paid digitally or in cash on the day of the session.

# 6. Audio recording

I will make an audio recording of your session. After the session I will send this recording to you. It is not allowed to make audio and/or video recordings during the session without my permission.

# 7. Liability

QHHT Amsterdam' excludes any liability for damage or injury resulting from or related to the QHHT® session, unless there has been intent or gross negligence on the part of 'QHHT Amsterdam'.

# 8. Complaints procedure

As a dedicated Level 3 QHHT® Practitioner I am committed for 100% to, together with you, get the most out of your session. I will inform you in advance about what you need to take into account before, during and after the session. Should you still be dissatisfied about the session, please contact me so we can discuss this. If we cannot work it out together, you have the option of submitting your complaint to the Dispute Commission for Alternative Therapists, with which I am affiliated as a hypnotherapist.

#### 9. Privacy statement

I treat your personal information and audio recording confidential and in accordance with the General Data Protection Regulation (AVG).